

APRIL 2019



Sunshine Leisure Services

3000 North Central Street
Knoxville, Tennessee 37917

Phone: (865) 546-9431 Fax: (865) 546-7960

Website: www.sunshineleisure.com

Leisure Services Director: Steve Causey, CTRS

You're Invited: Whooooo? You!

Accept this invitation to join us on any upcoming Leisure Services activity and see what all the excitement is about! Over the last few months it has come to our attention just how few board members, staff, family and friends have ever attended even one activity. The best way to understand the benefits of participation and just how important Leisure Services is to those who attend is to "see and feel it" in person. Recommended activities include Partner Up Softball (#1 Choice), the Area 5 Special Olympics Track and Field Meet, or bowling. Looking forward to seeing each of you in April.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 Bowling <u>2:45-4:15</u> Partner Up Unified Softball First Night! (See Text)	5 Rami's Cafe 11:00-12:00 & 12-1 Ice Bears Hockey 4 or 6:30-10:45	6
	8	9 Special Olympics Tennis Practice <u>2:45-4:00</u>	10	11 Bowling <u>2:45-4:15</u> Partner Up Unified Softball	12 Lady Vols Softball (See Text)	
	15 Special Olympics Track & Field Meet (See Text)	16 Special Olympics Tennis Practice <u>2:45-4:00</u> UT Baseball (See Text)	17 Rain Date: Special Olympics Track & Field Meet (See Text)	18 Bowling <u>2:45-4:15</u> Partner Up Unified Softball (See Text)	19 Shoney's 11:30-12:30	
	22	23 Special Olympics Tennis Practice <u>2:45-4:00</u>	24	25 Bowling <u>2:45-4:15</u> Partner Up Unified Softball	26 Movie and Blaze Pizza 3:30-8:00	



Arc Knox County and Sunshine Leisure Services Notes and Reminders

You're Invited- Attend An Leisure Services Activity in April- See calendar above for invitation.

Tennessee Special Olympics Summer Games and Vacation- Many people have inquired about the status of this year's Special Olympics Summer Games and Vacations. Unfortunately, these have been suspended due to the fact the Leisure Services Program has been reduced 50% to only 20 hours a week. Sorry!

Dollywood Season Passes!- The status of purchasing Dollywood season passes is undecided at this time. The concern is the ability of Leisure Services to offer four outings as in years past. If interested, indicate that on your registration form and we'll be in touch. Expected cost could be as much as \$120.

Special Olympics and Knoxville Parks and Recreation News

Important Note: Athletes in sport practices and competition are expected to wear appropriate athletic attire.

Pickleball w/ Knoxville Parks & Recreation- Knoxville P & R moved it's annual Spring Pickleball Tournament to May 17. Tentative plans are for Sunshine players to participate but we won't know for sure until the May calendar. Stay tuned.

Partner-Up Unified Softball with Knoxville Parks and Recreation- Thursdays through May 30th- Registration has closed and teams have been decided. Games will be on Thursday evenings at Caswell Park starting April 4th.

Participation Option 1: Depart Sunshine at 2:45 for bowling where you can play or watch. (Bowling fee is \$6 if you plan to bowl each week.) **Participation Option 2:** Report to and leave from Fountain Lanes at 4:15 to go eat dinner before softball. Cost is \$10 each night or \$40 for the entire month of April. **Participation Option 3:** Report to Caswell Park 15 minutes prior to your game time which will either be 6:00 or 7:15 each night. The schedule will be passed on to you as soon as it is released.

Special Olympics Tennis- Tuesdays in April starting the 9th- Time to start practicing for the Area 5 Tennis Tournament scheduled for Thursday, May 2nd, at West Hills Tennis Center. Practices will be on Tuesdays at Inskip Park starting the 9th. Everyone is encouraged to participate regardless of skill level or experience as most participants compete in the skills division where there is a level for everyone. This is a wonderful opportunity to have fun and get some exercise, all at the same time. Depart Sunshine: 2:45. All pickups are at the park at 4:00. Actual practice times are from 3-4. Cost: FREE!

Area 5 Adult Special Olympics Track and Field- Monday, the 15th (Rain Date: April 17th)- The Area 5 Adult Track and Field Meet is scheduled for Monday, April 15th, at Hardin Valley Academy, just past Pellissippi State Community College on Hardin Valley Rd. Approximately 50 athletes are registered for this year's meet which is scheduled to start at 4:30 and last approximately 2 1/2 - 3 hours depending on your events. All athletes must come dressed appropriately to compete. Note: Shorts and tennis shoes are required for all running events. Leisure Services will provide a ride from Sunshine at 3:30 if indicated on your signup sheet. Return details: TBA. Athletes going directly to Hardin Valley Academy must report by 4:15. Athletes wishing to eat dinner at the concession stand should send in \$6. Questions: Call Leisure Services at 546-9431 Ext 230.

Activities

Knoxville Ice Bears Hockey– Friday, the 5th- Join us on our last visit of the season to see the Ice Bears take on the Evansville Thunderbolts. **Participation Option 1:** Leave Sunshine at 4:00 pm to eat dinner before the match. Cost: \$22. **Participation Option 2:** Leave Sunshine at 6:30 PM for hockey only. Cost: \$13. Everyone returns: 10:45.

Lady Vols Softball vs. Mississippi State– Friday, the 12th- Weather permitting, catch the Lady Vols when they take on Mississippi State. **Participation Option 1:** Leave Sunshine at 3:30 to eat dinner before the game. Cost: \$20. **Participation Option 2:** Report to Sunshine at 5:30 for the game only. Cost: \$10. **Return to Sunshine:** Approximately 9:00 depending on when the game ends. Remember, it is your responsibility to dress accordingly!

Area 5 Special Olympics Track & Field- Monday, the 15th- See “ Special Olympics and Knoxville P & R News.”

UT Vol Baseball Reschedule vs. Morehead State – Tuesday, the 16th- Weather permitting, cheer on the men’s baseball team when they take on the Eagles. Many of you signed up for this activity back in March when it was canceled. If you plan to attend this month, you must indicate that on your signup. If you don’t, we’ll assume you aren’t going this month. If you didn’t sign up last month but would like to go this month, pick one of the following options. **Participation Option 1:** Leave Sunshine Industries at 2:45 and go to Inskip Park for tennis practice where you’ll play or watch. Cost: \$20. **Participation Option 2:** Report to Inskip Park at 4:00 and depart for dinner before the game. Cost: \$20. **Return to Sunshine:** About 9:00 depending on game’s end. Remember it is your responsibility to dress accordingly!

Movie Matinee and Blaze Pizza– Friday, the 26th- Treat yourself to a movie at the AMC Windsor Square 7 followed by dinner at Blaze Pizza where you make your own pizza. **Cost Option 1:** Purchase your own pizza and movie ticket for \$17. **Cost Option 2:** Split a pizza and purchase your ticket for \$13. Depart: 3:30 Return: 8:00.

Weekly/ Bi-Weekly Events

Bowling- Thursdays at Fountain Lanes. **Times:** 2:45-4:15. **Cost:** \$6. **Note:** Bowlers should be picked up at the alley by 4:15.

Hour Lunchs

Rami’s Café– Friday, the 5th– Times: 11-12 & 12-1 Cost:\$10

